

Emerging Coaching Skills Programme 2018-2019

This is a 3 session programme targeted at those who have shown an interest in coaching for the first time.

This programme will follow on from the "Introduction to Mentoring" NQT elective. It will however, be suitable if this elective has not been covered. A more in-depth programme will follow, that will build on this introduction, for those wishing to develop their coaching skills and understand further.

If you fit into one of the categories below, this programme is for you:

- If you have completed the NQT elective "Introduction to Mentoring"
- If you are an RQT who has registered an interest in being a buddy for new NQTs
- If you have experienced some coaching yourself and want to learn more
- If you are curious about expanding your skills in this area
- If you want to develop your coaching skills further as a leadership development tool

Modules – Emerging Coaching Skills

Developing your Coaching Skills	Securing your Coaching Skills	Embedding your Coaching Skills
Wed 10 th Oct - 15:30 – 16:30	Tues 27 th Nov - 15:30 – 17:00	Tues 26 th Feb - 15:30 – 16:30
Module 1 (1 hour) <ul style="list-style-type: none"> • What we mean by coaching and how it differs from other forms of development • Who am I as a coach? • What coaching can do in my role? • What might others need from me their coach? • What style can I use? • Introduction to some of the key skills 	Module 2 (1.5 hours) <ul style="list-style-type: none"> • Key skills of coaching continued • The coaching conversation • How to structure your coaching? • Models and frameworks • Intent vs extent • Coaching Practice • Measuring your impact 	Module 3 (1 hour) <ul style="list-style-type: none"> • Reviewing your coaching • Being a critical friend • 3 part coaching cycles • Your development as a coach • Reviewing your impact • Where next...?
Gap task: Self coach and skill practice	Gap task: Coach, Coachee and Buddy Support	Ongoing development through career development or ALS

Free for George Spencer Teaching School Alliance members. **£50** for non-members for all three sessions.