

Sport and Health Studies

A level Physical Education

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Subject Specific Entry Criteria

- Grade 5 in GCSE PE (if studied)
- Grade 5-5 in GCSE Combined Science

Exam Board:

AQA

Units Studied:

- 35% - Paper 1: Factors affecting participation in physical activity in sport
- 35% - Paper 2: Factors affecting optimal performance in physical activity and sport
- 30% - Non-exam assessment: Practical performance in physical activity and sport

Course Information:

Studying A level Physical Education will give you a fantastic insight into the amazing world of sports performance. Not only will you have the chance to perform in a sport through the non-exam assessment component, you will also develop a wide ranging knowledge into the how and why of Physical activity and sport. The combination of physical performance and academic challenge provides an exciting opportunity for students. You can perform, and then through the academic study improve your performance through application of the theory. Physical Education is studied through a range of different contexts and the impact it has on both ours and other's everyday lives. You will learn the reasons why we do things, why some people outperform others, mentally and physically. You will also delve into the ethical considerations behind the use of drugs and also the influence that modern technology is having in and on physical activity and sport.

Possible Career Paths:

A-level Physical Education is an excellent qualification for those interested in working in the sports or the leisure industry. Possible careers include Sport Science, Physical Education Teaching, Physiotherapy and Fitness Training.

Extra Curricular:

Boys football team. Training and supporting school teams.

