Social Media Awareness

Top Tips

- Talk to your child about online grooming
- Talk to them about their online friends
- Let your child know that you are always there for support and you understand how easy it is for things to get out of control online
- Learn how to report any inappropriate contact made to your child online
- Security settings need to be set to "Friends only", that includes comments, posts and photos
- These "Friends" need to be people they know and trust in the real world
- Content Only post content and photos they wouldn't mind showing you!
- Try your very best to be "Friends" with your child on Facebook
- Learn how to report an issue directly to Facebook
- Help set up their profile
- Add your email as the main contact (if possible)
- Set the privacy settings to "friends" only and ensure they are children you know
- Show them a CEOP safety resource which outlines the risks:

  www.youtube.co.uk/ceop/jigsaw

- 'Like' the Click CEOP page
- Check in and keep updated
- Leave all gaming devices in a family space
- Open up communication talk to your child about the sites they are using and why they like them

- Explain that people lie online and they are not always who they say they are
- Explain that people can be mean online and don't always have their best interests at heart
- Ask them to never give out personal information
- Set parental controls
- Set time limits on how long they can game for. Allow time for non-technology based activities and allow an hour 'screen free' time before bed
- Ask your child to never accept people they don't know and trust in the real world
- Inform them that giving out personal information can be dangerous. They need to treat personal information such as the school they go to or their location like their tooth brush and not share it with anyone!
- Ask them not to webcam with people they do not know from the real world and turn the webcam off after use!
- Teach them how to report a problem and delete people that make them feel uncomfortable
- Is my child old enough to have a mobile phone? Set boundaries
- Before buying your child a mobile, find out what functions it has – Internet, private messaging, built in applications
- Set parental controls where required
- Set mobile rules no mobile phone in the bedroom at night, mobile free time before bed, no use after lights out